SOCRA
FOR CLINICAL RESEARCH EXCELLENCE

## Central VA SOCRA Chapter Meeting

Education / Certification / Membership / Career Center

# "Monitoring: Oversight with Impact"

**Date: Wednesday, August 19, 2026**
**Time: 11 am – 12 pm (ET)**
**Location: Zoom: Registration Required**

**Description:** This presentation will examine best practices for preparing for successful visits and common monitoring findings. Also explored are the key responsibilities of monitors, including oversight of trial conduct, verification of data accuracy, protection of participant rights, safety and well-being and ensuring compliance with protocol and regulatory requirements, all while aligning with modern expectations like those outlined in ICH E6(R3) Good Clinical Practice (GCP) guidelines.

**Speaker: Laura Adkins,** MAP, CCRP, CCRA, AdvCRS, Director, Office of Research Regulatory Affairs (ORRA), University of Arkansas for Medical Sciences; SOCRA National Board of Directors Arkansas SOCRA Chapter Co-Chair

Laura has been involved in clinical research for almost 24 years, starting as a coordinator, then a monitor and now the Director of the Office of Research Regulatory Affairs at the University of Arkansas for Medical Sciences, tasked with leading an office which acts on behalf of UAMS as sponsor for FDA-regulated research involving INDs and IDEs. She oversees multiple units, including Regulatory Affairs, Monitoring, Quality Assurance (QA), Good Tissue Practice and ClinicalTrials.gov.

**Learning Objectives:** At the conclusion of this presentation, the learner will be able to:

1. Explain what drives the monitoring process
2. Examine monitoring visits, how to prepare and common findings
3. Review practical, real-world case studies and scenarios along with current monitoring trends seen through the GCP E6(R3) lens

**JTF Competencies: #3 – Product Development; #4 – GCP/Operations**

*CE: 1.0 CE credit hour for SOCRA CCRP Renewal.* ***Only SOCRA members participating in 90% of the virtual meeting will receive Certificates of Attendance****. The Society of Clinical Research Associates (SOCRA) accepts documentation of candidate participation in continuing education programs for re-certification if the program is applicable to clinical research regulations, operations or management, or to the candidate's clinical research therapeutic area.*

***Please share this announcement with your colleagues.***
***SOCRA members and non-members are welcome!***

**Central Virginia SOCRA Chapter Chair:** Shirley Helm, MS, CCRP email: cctrsocra@vcu.edu